



Laura Stubbs Fay grew up in Albany and is the middle daughter of internist Dr. Joe Stubbs, who has been with Albany Internal Medicine for 35 years, and his wife Annabelle. As the daughter of a physician (and the granddaughter of two doctors), Laura has seen firsthand the special relationships that physicians and their patients develop over time and the opportunity that doctors have to make a real impact on people's lives.

After graduating from Deerfield Windsor, where she was valedictorian of her class, she went on to attend the University of Georgia. At the University she majored in biology with a minor in Spanish, and she enjoyed using her summers off to pursue her love of medicine through service: working at rural primary care clinics in Peru, interpreting for inner-city physicians in Atlanta, and conducting nutrition research in West Africa. She also learned to balance school with fun as she met her husband, Clifton, while at UGA.

After finishing at UGA, Laura and Clifton both went on to attend the Medical College of Georgia in Augusta. Laura enjoyed her time at MCG and was active on the Honor Council and served as president of the school's chapter of Alpha Omega Alpha, the national medical honor society for physicians. For residency, Laura and Clifton both matched to the University of Oklahoma. There, Laura completed her three years of internal medicine residency. She was named intern of the year her first year there and was later selected as one of the Chief Residents to help lead the University's Internal Medicine Residency program and teach internal medicine to medical students. While living in Oklahoma, the Fays welcomed a baby girl, Annabelle, who gives them tremendous joy.

After completing their residencies, the Fays were recruited by several practices, but fortunately selected to settle here in Albany. Laura explains, "With my father a practicing internist in the group, Albany Internal Medicine has been a part of my life since I was a young girl. The people who work there and the patients they serve mean so much to me. I think it is a real blessing to work alongside my father, whose patients' rooms are just down the hall from mine, but I am also so appreciative of the other providers in the group and the wealth of knowledge and experience they offer."

In her practice, Laura is passionate about preventive care for adults, helping patients feel their best, and health issues unique to women. Board-certified in internal medicine, she is skilled at diagnosing and treating a variety of medical conditions, including heart disease, hypertension, diabetes, arthritis, and thyroid conditions. Laura appreciates Albany Internal Medicine's reputation as one of the area's premier providers of high quality, comprehensive medical care, as demonstrated by its prestigious recognition as a Patient Centered Medical Home from the National Committee for Quality Assurance.

Outside of work, Laura enjoys every minute spent with her daughter Annabelle, now two years old. Laura also enjoys running, cooking for family and friends, and staying involved in the church community. Both Laura and Clifton are excited to be in Albany and to have the opportunity to work in practices with people they admire and that offer such high quality services and sophisticated care. Laura, a general internist, plans to continue the outstanding care that the patients at Albany Internal Medicine have come to know.

THE
Family
BUSINESS

Albany native Laura Stubbs Fay returns home to join her father's medical practice.



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